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| School name      | The Netherhall School         |  |
| Partnership name | Netherhall (Cambridgeshire)   |   |
| Local Authority  | Cambridgeshire                |   |
| Case study title | Multi-skills form Years 1 - 7 |   |

## The challenge

### What we wanted to do

We wanted to address the problem of a lack of participation in OSHL at Key Stage 1 by offering children more opportunities to take part in OSHL in their schools. We decided to use multi skill activities as the means to doing this.

## Meeting the challenge

### What we did

We established a FUNdamentals multi-skills project from Years 1 - 7 across the partnership. Over 50 teachers/TA's have attended a FUNdamentals of Movement (multi-skills) Training Course and 36 National Sport students from Long road Sixth Form College have undertaken FUNdamentals of movement training and are now able to assist with multi-skill clubs, festivals and camps. 10 schools have also received coaching support from our new Community Multi-Skills Coach.

Nine primary schools have run a Key Stage 1 multi-skills club and breakfast multi-skills clubs have taken place at three schools. Year 2 multi-skills festivals have taken place in four families within the partnership. 14 primary schools have been involved in these with over 500 children taking part and 70 young people deployed as leaders. 10 Year 3&4 Family Hub Clubs have been run throughout the year with termly groups of youngsters. 16 schools have accessed these and a total of 150 pupils have taken part. A lunchtime club has been run for Year 7 pupils at Netherhall.

A multi-skills club has been run at Colville Primary School with 16 children from the Speech and Language Centre who experience difficulties with motor skills.

Easter Holiday Camps were run at three locations across the partnership with over 30 children taking part. These were organised in conjunction with the County Sports Partnership.

### Resources

A set of eight Activity Cards were written, designed and printed to support teachers/TA's who are delivering Key Stage 1 multi-skill clubs, and a set of multi-skill activity cards have been produced for use when running a festival.

Schemes of work, lesson plans, certificates and festival resources have all been produced to support deliverers and there is a multi-skills section on the partnership website. A sticker system has been used to reward children's participation in multi-skills activities and we have produced our own 'I am multi skilled badges' for children to wear.

## Impact

### The difference this has made

*"Multi-skill clubs have made a massive difference to the confidence and self-esteem of the pupils."*  
**(PLT Teacher, Netherhall SSP)**

*"Clubs have helped children to develop the FUNdamental skills necessary for success in any sport"*  
**(Claire McDonnell, Assistant PDM, Netherhall SSP)**

More Key Stage 1 children are taking part in OSHL across the partnership, with 84% of KS1 children now getting two hours a week of high quality PE and School Sport. This has increased from 21% in 2003/04. 32% of schools have made this increase through OSHL provision.

There has been an improvement in children's fundamental movement skills, and the children have developed increased confidence from taking part in multi skills activities and as a consequence are enjoying PE and sport more. 500 more children have taken part in an inter school festival.

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## Why it worked

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- Resources produced to support deliverers
- One to one support offered to deliverers when establishing new multi skill clubs
- Multi skills festivals were very successful in promoting multi skills activities to both children and staff
- The FUNdamentals of Movement Training Courses delivered by the ScUK County Coach Development Officer were of a very high standard and a lot of follow up support was offered.
- Close partnership working with the CSP enabled us to offer potential deliverers suitable training opportunities.

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| Date | November 2006 |
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*Building a brighter future for young people through sport*

