



Westcroft School Sport Partnership

A day in the life of improved OSHL in our SSP

The Westcroft School Sport Partnership covers part of inner-city Wolverhampton including areas of very high social deprivation.

Our PDM said:

"We have successfully used different parts of the day to provide badly needed OSHL."

Why this project?

- Staff at many of our partnership schools felt there was a need to do more for children's physical and emotional well-being at different times of the day.

Aims

Whitgreave Infant

School: To provide children with an active and healthy start to the day in order to have a positive impact on their learning.

Dovecotes Primary

School: To decrease the number of incidents of poor behaviour during lunchtimes creating a better pathway back into the classroom.

Westcroft School and

Sports College: This special school wanted to increase the number of OSHL opportunities available for SEN children.

'Looked After Children in Education' (LACE):

To create a partnership between Social Services and the SSP in order to increase the opportunities available for children in care to participate in OSHL activities.

Action

Whitgreave Infant

School: Using SSP and Big Lottery funding we used a whole-staff approach to introduce new activities before school such as 'Splat' circus skills, judo, salsa and yoga, all followed by a healthy breakfast.

Dovecotes Primary

School: We trained lunchtime supervisors and play leaders to run Huff 'n' Puff for KS1 and Zoneparc for KS2. We also introduced rewards for good and outstanding behaviour.

Westcroft School and Sports College: We paid staff to run after-school clubs including, walking, cycling, disco-dancing, karate, trampolining, Duke of Edinburgh and JSLA. Transport was carefully organised to take the children home an hour after the end of the normal school day.

LACE: Social Services and the SSP met to identify 12 children in care from partnership primary schools who took no part in any form of OSHL. The targeted children were picked up from their various schools and taken to a primary school for multi-skills sessions.

Results

Whitgreave Infant

School:

- Children who are not normally interested in PE or sport have accessed many of the new activities and are taking on new roles such as looking after equipment.
- Teachers and support staff have said that the children are now more focussed and ready to

work.

- There has been a positive impact on the children's punctuality.
- Yoga has had the most noticeable and biggest impact:

"The children return to class after this session calm and peaceful. It has helped their emotional well-being as well as their physical."

Dovecotes Primary

School:

- The provision of structured activities means children now enter classrooms more calmly after lunch and there has been a dramatic reduction in lunchtime incidents.

Westcroft School and Sports College:

- All 180 (SEN) students from across the year groups have been involved in an after-school activity of their choice.
- The children have grown in confidence, self-esteem and physical and social skills which is having a positive impact on their behaviour and relationships with staff.

- We have used this initiative to develop young leaders at the school who then provide younger pupils with OSHL activities across the partnership.

LACE:

- At the time of writing all 12 children have attended the club for 18 weeks.
- Positive relationships have been built between children and staff.
- The children have improved social skills, gross motor skills, confidence and self-esteem.

Maintaining progress:

Whitgreave Infant

School:

- Use current leaders to prepare more staff to deliver activities and involve more parents.

Dovecotes Primary

School:

- On-going consultation with children and parents.

Westcroft School and

Sports College:

- Increase the range of activities we can offer at each age group.

LACE:

- Secure more funding in order to allow the club to run over a longer period of time with consistent staffing.

